

# OHIO YAB Recommendations for Qualified Residential Treatment Programs

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# QRTP Compliance Checklist, Part 1:



- 1. Upload award letter of accreditation from CARF, COA or JCAHO.**
- 2. Create a plan to implement a trauma-informed approach in which all employees, volunteers, interns and independent contractors are trained in a trauma-informed approach.**
- 3. Have an ODJFS approved trauma-informed treatment model.**
- 4. Have registered or licensed nursing staff who are available 24/7, including proof of credentials.**
- 5. Have registered or licensed clinical staff who are available 24/7, including proof of credentials.**

# QRTP Compliance Checklist, Part 2:

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- 6. Have a family-centered residential treatment plan, including regular contact with family members including siblings.**
- 7. Have a plan for preparing youth for discharge, that is reviewed every 30 days and during each service plan review.**
- 8. Have a plan for aftercare supports for at least a six-month-period after a youth is discharged to a family-based setting, including monthly contact (virtual/in-person).**

**And are the aftercare supports individualized and driven by youth, caregivers and the family as appropriate?**

# Youth Questions:

Will QRTP implementation lead to less available placements for youth?

Will the state help pay for the cost of nurses, clinicians and/or certification?

Karimah has thought about starting a nonprofit for the purpose of funding residential, outpatient and group homes. What resources does the state have to offer?

# Youth Questions:

What trainings are provided/required for therapeutic foster homes and private agencies?

Can the content be vetted by youth ?

Youth voice has been, and remains, key in the creation and continued development of the OUCCAS Life Skills Pathway.  
Youth review trainings and share feedback.

# Youth Recommendations:

Strive for a setting that integrates youth into society vs. becoming institutionalized:

- Life Skill Classes (curriculum vetted by youth)
- Outings
- Community organizations coming to visit and sharing about the services they offer

Intended Outcome: Preparing youth for successful community connections in the future.

# Youth Recommendations:

Least restrictive educational setting:

- Public school, rather than residential-based school, when possible
- Residential schooling is often substandard
- Base this decision on the child's treatment plan, not placement.

Intended Outcome: Providing youth with a quality education and positive peer support.

# Youth Recommendations:

## Avoid overmedication:

- Could the state of Ohio establish a Medical Ombudsman to provide oversight?
- Ohio needs more child psychiatrists.
- Youth need opportunities to learn CBT skills.

Intended Outcome: Help youth develop coping skills and avoid negative impacts of overmedication.



# Youth Recommendations:

Explore opportunities to improve youth outcomes:

- Statewide Life Skills Curriculum
- Social Emotional Learning
- 40 Developmental Assets
- Developmental Relationships

Intended Outcome: Youth's ACES scores don't change, but they can build resilience.



## Ohio's first psychiatric residential treatment facility for children

Construction began Friday, November 2, on Ohio's first psychiatric residential treatment facility for children.

**The Buckeye Ranch and Nationwide Children's Hospital** partnered to create the facility, which is set to open in Grove City in 2025 and will serve up to 48 children who fall into a current gap in care in the state between hospitalization and going back home.

**Located on the Buckeye Ranch's existing campus, the facility will allow children to be less confined than they would be at the hospital.** They can attend school in classrooms; participate in activities like yoga, meditation, music and art therapies and more; and not be confined to their hospital room as they heal and learn the skills they need to be able to transition back home.



## **Inclusion of Foster Care Youth and Alumni Voice**

- Lived experience
- Human centered design