



How Can You Help a Foster Youth?

The Overcoming Hurdles in Ohio (OHIO) Youth Advisory Board exists to be the knowledgeable statewide voice that influences policies and practices that effect all youth who have or will experience out of home care.

1.) BE A MENTOR

Check in with a young person on a regular basis, to discuss everyday decisions, and be a listening ear and source of advice as they prepare for young adulthood.

2.) BE A COLLEGE COACH

Help a young person in or from foster care navigate college applications, financial aid, and the college enrollment process.

3.) BE A BUDGET COACH

Help current or former foster youth learn money management skills.

4.) BE A COOKING COACH

Help current or former foster youth learn how to cook.

5.) SUPPORT WITH TRANSPORTATION

Sometimes former foster youth (ages 18+) just need a ride. For example: a ride to one of Ohio's regional early Thanksgiving dinners.

6.) BECOME A YAB ADULT SUPPORTER

Youth Advisory Boards provide today's Ohio foster youth, ages 14+, with opportunities to develop leadership skills.

7.) DONATE A SUIT

Suits for Success provides professional attire to current and former foster youth who are preparing to enter the workforce.

8.) HELP SUPPORT A HOLIDAY EVENT FOR FOSTER YOUTH

Holidays can be painful for teens in foster care, and challenging for young adults who are struggling to pave a pathway to their future. For this reason, ACTION Ohio facilitates annual Thanksgiving Together events.

9.) HELP SPONSOR A YOUTH DEVELOPMENT EVENT

The OHIO YAB and ACTION Ohio facilitate leadership and life skills events and self-care summits to support and empower foster youth.

10.) BECOME A FOSTER PARENT FOR TEENS

There's an urgent need in our community for foster care for teenagers. Are you ready to open your home and heart and make a difference in the life of an Ohio teen?

To learn more, visit www.fosteractionohio.org or email lisa@fosteractionohio.org