



Here's everything you'll need for the perfect bath bomb:

- 1 cup baking soda
- 1/2 cup citric acid (as an alternative, use the same amount of either lemon juice, cream of tartar, buttermilk powder, or 1/4 cup each of baking powder and apple cider vinegar)
- 1/2 cup Epsom salt
- 1/2 cup cornstarch
- 3/4 tbsp. water
- 2 tsp. essential oil (lavender, eucalyptus, rose, orange, and lemongrass are popular for the bath)
- 2 tbsp. oil (jojoba, sweet almond, coconut, olive, or even baby oil)
- A mold of your choice, such as regular or mini-muffin tins, candy pans, or round plastic molds specifically for bath bombs

Optional:

- Mica powder if you want the bath bombs to be colorful
- dried flowers or sugar cake decorations, like flowers or stars

Bath Bomb Instructions

Step 1: With the exception of the citric acid, mix the dry ingredients in a large mixing bowl.

Step 2: Pour all of the liquid ingredients into a jar with a top. Close the jar and shake it vigorously.

Step 3: Pour the liquid mixture into the bowl of dry ingredients and use your hands to combine and meld together. At this point, add the citric acid. You'll probably notice a slight fizzing reaction because of the citric acid. No need to panic, as this is normal.

The mixture should be a bit crumbly (similar to the consistency of wet beach sand). Whatever you do, don't add water at this stage, or the bath bomb will fizz prematurely and be ruined.

Step 4: Mash the mixture into your chosen molds very tightly. You can overfill the molds slightly and use a spoon or glass to press the mixture in as tightly as possible. Immediately loosen the bombs from their molds onto wax paper and let them dry overnight.

Step 5: Give the bath bombs a day or two to completely dry before using them or wrapping them up as gifts.

Step 6: Pop one in the bathtub, enjoy the burst of colors and fizz and inhale the released aromas. Turn on some of your favorite music or a podcast to accompany you while you soak, or simply slide into the bath and enjoy all of your hard work.

