

## Behavior In Its Context

**1. Case file interpretation:** *Please document your thoughts:*

**2.) Adolescent Brain Development:** *List possible magnified consequences:*

**UNCONFIDENTIAL**

### CASE HISTORY

#### Assessment of the Child:

My childhood is documented in a file filled with painful details. My foster parents and social workers defined me in their reports:  
"Inappropriate." "Defiant." "Defensive."  
"Manipulative." "Demanding." "Belligerent."

#### Transition to Adulthood:

After leaving foster care, it took a while to finally believe in myself and understand who I am. *Passionate. Honest. Caring. Intelligent. Articulate. Resolute.*

## Trauma, Survivor Behavior and PTSD

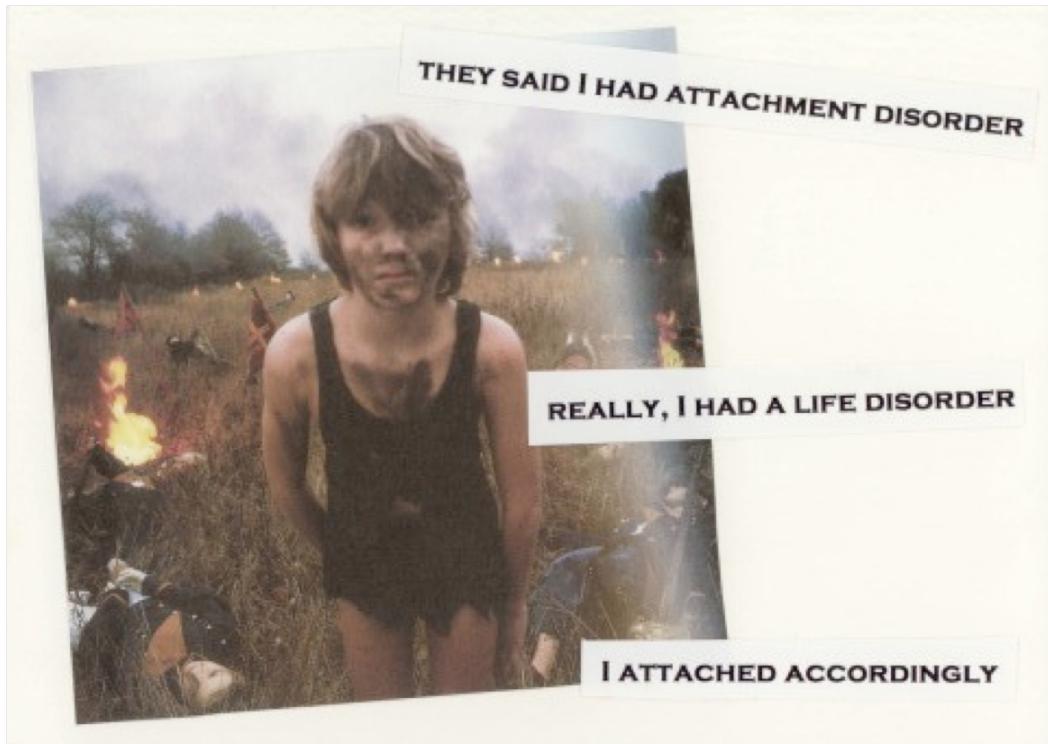
3.) **Trauma of Displacement:** *Please document your thoughts:*

4.) **Survival Behavior:**

What's the rate of PTSD for foster care alumni?

What are common symptoms of PTSD?

How might these symptoms be misinterpreted?



## Network of Emotional Resiliency

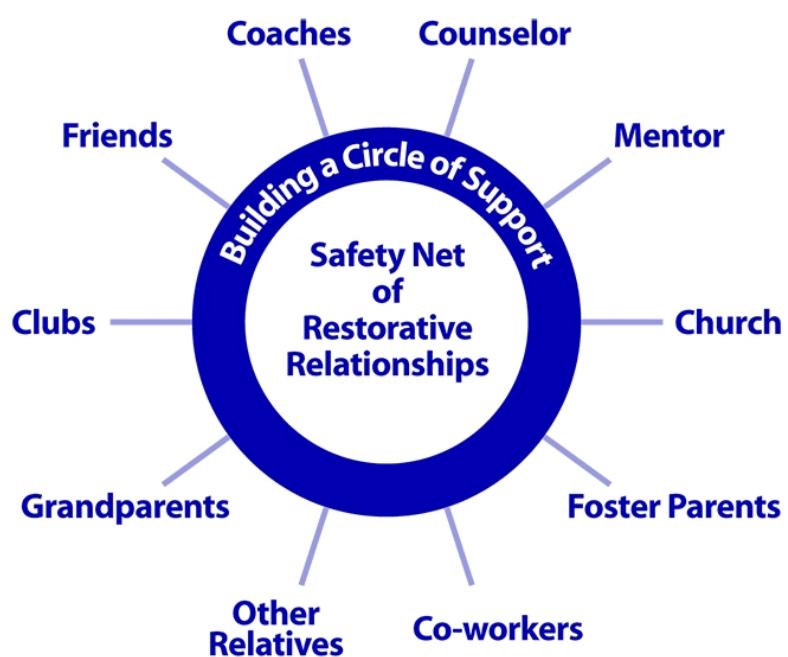
### 5.) Transitioning Into Young Adulthood:

What is Erikson Stage 6?

What developmental task is at stake?

How might this stage be relevant to teens with a history of foster care?

### 6.) Circle of Support: *(Diagram created by Lisa Dickson)* How did your circle differ from that of a foster youth?



## Youth Empowerment

**7.) Youth-Centered Permanency:** How might youth define permanency differently than child welfare professionals?

**8.) Boundaries:** How can we better empower youth to be active agents in their own healing?

